



Dendritic cell epithelial sodium channel induced inflammation and salt-sensitive hypertension

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Purpose of review

Salt sensitivity of blood pressure (SSBP) is an independent risk factor for cardiovascular disease. Epithelial sodium channel (ENaC) plays a critical role in renal electrolyte and volume regulation and has been implicated in the pathogenesis of SSBP. This review describes recent advances regarding the role of ENaC-dependent inflammation in the development of SSBP.

Recent findings

We recently found that sodium enters dendritic cells via ENaC, a process regulated by serum/glucocorticoid-regulated kinase 1 and epoxyeicosatrienoic acid 14,15. Sodium entry activates NADPH oxidase, leading to the production of isolevuglandins (IsoLGs). IsoLGs adduct self-proteins to form neoantigens in dendritic cells that activate T cells and result in the release of cytokines promoting sodium retention, kidney damage, and endothelial dysfunction in SSBP. Additionally, we described a novel mechanistic pathway involving ENaC and IsoLG-dependent NLRP3 inflammasome activation. These findings hold promise for the development of novel diagnostic biomarkers and therapeutic options for SSBP.

Summary

The exact mechanisms underlying SSBP remain elusive. Recent advances in understanding the extrarenal role of ENaC have opened a new perspective, and further research efforts should focus on understanding the link between ENaC, inflammation, and SSBP.

Keywords

epithelial sodium channel, hypertension, immune activation, inflammation, salt sensitivity

INTRODUCTION

High salt consumption is a well established cause of hypertension [1], yet blood pressure responses to changes in sodium and extracellular fluid balance vary widely in humans [2]. Salt sensitivity of blood pressure (SSBP) is defined as the heterogeneity in blood pressure responses to dietary salt intake. Approximately 25% of normotensive and 50% of hypertensive people have SSBP [3], which is an independent risk factor for cardiovascular mortality [4]. Previous studies mainly focused on the vasculature, kidneys, and sympathetic nervous system when investigating the mechanisms of SSBP, whereas more recent data suggest that cells of the immune system can sense sodium, although the exact mechanisms remain unclear.

The epithelial sodium channel (ENaC) has a well known role in sodium regulation in the kidneys, indirectly influencing blood pressure. Evidence also suggests that ENaC can modulate blood pressure via kidney-independent mechanisms. Our group previously showed that ENaC-regulated sodium transport in antigen-presenting cells (APCs) leads to oxidative

stress and immune system activation [5,6]. In this review, we discuss the current understanding of how ENaC contributes to systemic and local inflammation, particularly the role of dendritic cells in salt-sensitive hypertension.

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KEY POINTS

- SSBP is a phenotype that refers to an individual's blood pressure response to changes in dietary salt intake, is an independent risk factor for cardiovascular morbidity and mortality, and it is observed in 25% of normotensive and 50% of hypertensive populations.
- Recent advancements in understanding the regulation and distribution of various subtypes of ENaC in humans have unveiled potential diagnostic biomarkers and therapeutic options for SSBP.
- Since the exact mechanisms underlying SSBP remain elusive, future studies must be directed towards determining the underlying mechanisms of ENaC-induced inflammation in SSBP.

INFLAMMATION AND SALT-SENSITIVE HYPERTENSION

Inflammation is a vital biological reaction triggered by disruptions in tissue homeostasis, such as tissue injury or infection. It plays a crucial role in restoring homeostasis, acts as a host defence mechanism against infectious agents, and facilitates tissue repair [7]. Multiple components, such as extracellular matrix, inflammatory cytokines, and cell surfaces, collectively initiate and mediate the inflammatory response. However, inflammation can become detrimental when it is uncontrolled or sustained. More than five decades of research have confirmed the important role of inflammation in the development and progression of hypertension. A meta-analysis of prospective and retrospective cohort studies demonstrated that elevated inflammatory markers, including C-reactive protein, interleukin (IL)-6, and tumour necrosis factor-alpha (TNF- α), are associated with an increased risk of developing hypertension [8].

APCs, including macrophages, dendritic cells, and B cells, are essential for initiating the inflammatory response to hypertensive stimuli. After their identification by Steinman *et al.* [9] in 1973, dendritic cells have been postulated as the most potent APC. APCs interact with T cells via major histocompatibility complex interactions and express co-stimulatory molecules after activation [10]. Initial evidence of the connection between the immune system and hypertension was obtained from animal models of hypertension demonstrating the blood pressure-lowering effects of immunosuppression [11]. Earlier studies also described inflammatory cell infiltration in the vasculature of humans with hypertension of various aetiologies [12]. Subsequent animal studies revealed that thymus transplantation in spontaneously hypertensive rats led to suppression

of hypertension by restoring the immune system [13]. Guzik *et al.* [14] showed that T cell transplantation restored the attenuated hypertensive response to angiotensin II infusion in immunodeficient RAG1-/- mice, emphasizing the crucial role of T cells in the development of hypertension and vascular dysfunction. Crowley *et al.* [15] corroborated these results by demonstrating that immunodeficient mice are resistant to developing hypertension following chronic angiotensin II infusion and exhibit less myocardial hypertrophy and kidney injury, compared to wild-type control animals.

In animal models of hypertension, high dietary salt promotes infiltration of APCs and T cells into the kidneys [16^a], resulting in tissue damage and local inflammation through the secretion of cytokines, such as IL-17, TNF- α , and interferon-gamma (IFN- γ) [6]. IFN- γ blockade reduces cardiac damage without affecting blood pressure in angiotensin II induced hypertensive murine models, suggesting that targeting inflammatory pathways may benefit patients with hypertension by reducing cardiovascular damage, independent of blood pressure control [17]. Recent studies have provided a more comprehensive understanding of the relationship between the immune system and hypertension, as described below.

PATHOPHYSIOLOGY OF SALT-SENSITIVE HYPERTENSION

In Arthur Guyton's classical hypothesis, increased sodium intake leads to an increase in plasma volume and subsequent increase in blood pressure [18]. In compensation, renal sodium handling mechanisms attempt to restore blood pressure to normal levels [19]. Based on these assumptions, impaired renal sodium handling was considered the main factor behind salt-sensitive hypertension. According to this hypothesis, salt-sensitive individuals require a higher blood pressure to excrete the same amount of sodium as salt-resistant patients, and a certain level of dysfunctional natriuresis is necessary to initiate the sequence of events resulting in hypertension. While the exact pathophysiology of SSBP remains controversial, the old theory of variability in cardiac output to maintain adequate natriuresis is insufficient to explain the variance in SSBP. Fernando Elijovich and colleagues at Vanderbilt University showed that cardiac output and renal sodium handling do not differ significantly between salt-sensitive and salt-resistant individuals [20]. Accordingly, disturbances in multiple systems, including the sympathetic nervous system, renin-angiotensin-aldosterone system (RAAS), and gastrointestinal system, have been postulated to be involved in salt-sensitive hypertension [21–23].

Recent discoveries regarding sodium distribution in the body have greatly advanced our understanding of the physiologic factors potentially contributing to SSBP. Traditionally, sodium was thought to be equally distributed among the intravascular, interstitial, and intracellular compartments, as sodium is the key factor controlling blood volume and osmolarity. However, Titze *et al.* [24] demonstrated that the skin interstitium has the capacity to store substantial amounts of sodium without causing water retention. In other words, sodium accumulates nonosmotically in skin and cartilage tissue, which is considered an extracellular compartment that is not regulated solely by the kidney's sodium handling mechanisms [24,25]. Several cross-sectional studies showed that tissue sodium storage is increased in patients with hypertension, and the amount of storage correlates with blood pressure measurements and urinary sodium excretion, in addition to varying with age and sex [26,27]. However, a pilot randomized clinical trial demonstrated that sodium content in the skin or muscle tissues of patients with hypertension did not decrease following 8 weeks of dietary salt restriction or diuretic interventions, and chlorthalidone intervention paradoxically increased muscle sodium content [28]. This increase may reflect storage of sodium in tissues as a compensatory mechanism for decreased blood sodium [28].

Vascular dysfunction was also postulated to contribute significantly to SSBP in humans [20], and subsequent animal experiments confirmed this by demonstrating a lack of vasodilatory response to salt loading in salt-sensitive rats [29]. Seminal discoveries regarding the interrelationship between T cell infiltration and vascular dysfunction led us to hypothesize that immune cell activation may cause vascular dysfunction, ultimately contributing to the development of salt-sensitive hypertension.

ROLE OF EPITHELIAL SODIUM CHANNEL IN HUMAN TISSUES

Strict control of sodium transport in kidneys is fundamental for fluid and electrolyte homeostasis. Amiloride-sensitive ENaC is responsible for facilitating sodium ion entry through the apical side of principal cells, and its role in sodium handling has been extensively studied. This function is crucial, as it is the rate-limiting step for transporting sodium ions across principal cells in aldosterone-sensitive distal portions of the nephron. Activity and surface expression of ENaC are regulated by various hormonal signals, such as arginine vasopressin; serum/glucocorticoid regulated kinase 1 (SGK1) [30,31], through the influence of aldosterone [32]; and nonhormonal signals, such

as basolateral levels of potassium [33,34,35], epoxyeicosatrienoic acids (EETs) [36], and extracellular sodium itself [37] (Fig. 1). Moreover, elevated intracellular sodium and osmolarity trigger degradation of ENaC as a self-inhibitory mechanism [38]. These regulatory mechanisms are crucial for maintaining sodium levels according to the body's physiologic needs. Diminished ENaC function results in severe complications, such as excessive loss of sodium and retention of potassium ions, leading to disruptions in electrolyte balance. Conversely, increases in ENaC activity could potentially contribute to the development of essential hypertension.

ENaC is a sodium-selective channel composed of four distinct subunits, α , β , γ , and δ — encoded by the sodium channel 1 subunit alpha (*SCNN1A*), *SCNN1B*, *SCNN1G*, and *SCNN1D* genes, respectively [39]. These subunits display varying patterns of tissue expression, suggesting variability in their functional and regulatory properties in different tissues (Fig. 2). Following cloning of the α , β , and γ subunits [40], the fourth subunit (δ) was discovered in human tissues [41]. Notably, δ -ENaC is not expressed in commonly studied rodent models, which limits research on this subunit [42]. The δ subunit shares notable amino acid sequence similarities with the α subunit and can create channels with β and γ subunits or independently. These subunits combine to form ENaC, primarily as $\alpha\beta\gamma$ (α -ENaC) or $\delta\beta\gamma$ (δ -ENaC) heterotrimers [31,41]. Importantly, δ -ENaC differs from α -ENaC in terms of its body location and channel characteristics [43], as discussed in detail elsewhere [39]. δ -ENaC is not only significantly expressed in tissues not primarily associated with sodium reabsorption (e.g., lungs, cerebral cortex, hypothalamus, pituitary gland) [44], but it is also expressed in APCs [31,45^{***}] (Fig. 2). Despite relatively low δ -ENaC expression in human kidneys, we found a correlation between *SCNN1D* variants and blood pressure [31], suggesting that extrarenal sodium handling by ENaC plays a role in blood pressure regulation.

ENaC is also expressed in lingual epithelium and facilitates salt tasting, which may influence sodium intake [46]. In the colon, it facilitates sodium absorption [47]. Moreover, ENaC in vascular endothelial [48] and smooth muscle cells can serve as a mechanosensor, potentially controlling peripheral vascular resistance through shear force-sensing mechanisms [49,50], and enhanced ENaC activity at these locations contributes to vascular dysfunction in many diseases [51,52] (Fig. 2).

Various ENaC gene mutations have been identified in individuals with inherited forms of hypertension and hypokalaemia, known as Liddle syndrome (described by Grant Liddle at Vanderbilt University).

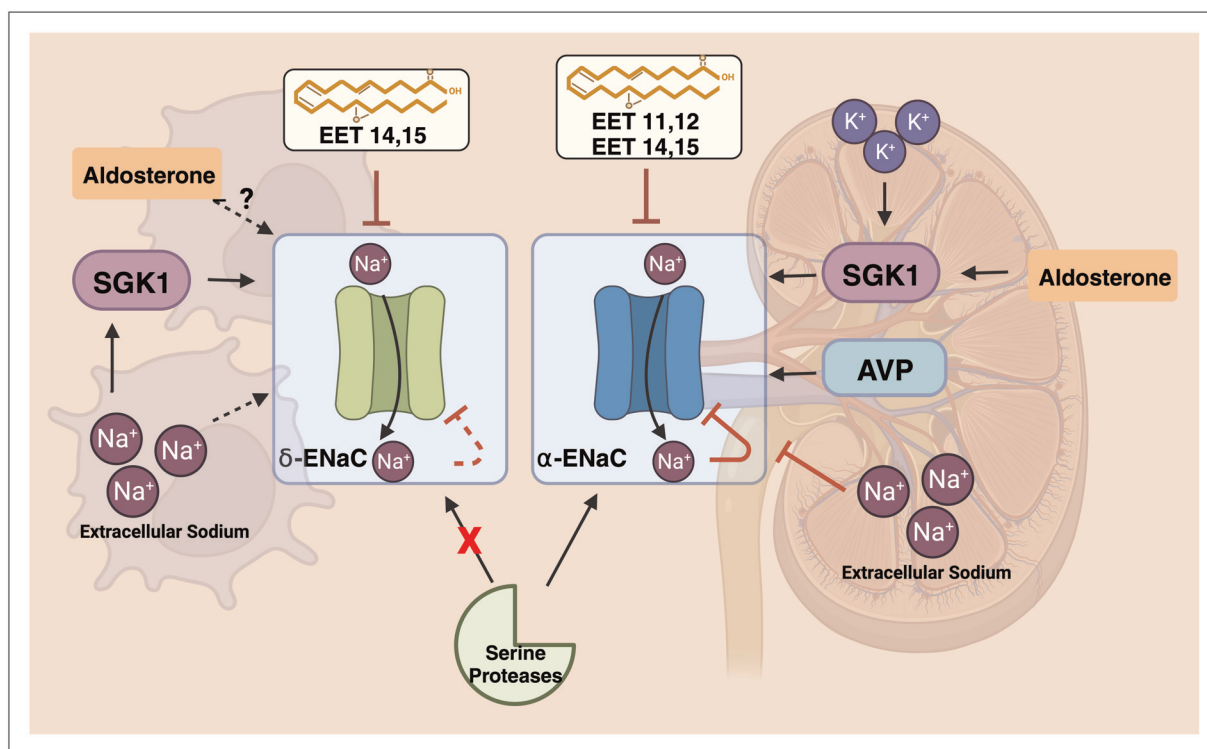


FIGURE 1. Regulation of $\alpha\beta\gamma$ and $\delta\beta\gamma$ epithelial sodium channels. α -ENaC ($\alpha\beta\gamma$) is the predominant ENaC in the kidneys and can be downregulated by both extracellular and intracellular sodium levels. By contrast, δ -ENaC ($\delta\beta\gamma$) is insensitive to sodium self-inhibition, and extracellular sodium entry activates serum/glucocorticoid-regulated kinase 1 (SGK1) in immune cells. Membrane-bound serine proteases activate α -ENaC, whereas δ -ENaC is insensitive to proteases. AVP, arginine vasopressin; EET, epoxyeicosatrienoic acid.

These mutations disrupt interactions between the ENaC β or γ -subunit and ubiquitin ligase, resulting in increased channel expression at the plasma membrane and increased probability of channel opening [53]. Conversely, loss-of-function mutations in α , β , and γ genes lead to pseudo-hypoaldosteronism type 1, characterized by hypotension and hyperkalaemia [54]. These findings emphasize the crucial role of ENaC in regulating blood pressure, as well as potassium homeostasis [33].

ROLE OF EPITHELIAL SODIUM CHANNEL IN IMMUNE ACTIVATION IN SALT-SENSITIVE HYPERTENSION

Our research group has made significant discoveries regarding the role of salt-induced neoantigens in APCs and their effects on inflammation and hypertensive end-organ damage [6]. The initiating step is sodium influx into APCs via ENaC [5] (Fig. 3). We discovered that under conditions of high extracellular sodium, assembly of ENaC subunits is promoted by the salt-sensing kinase SGK1 in APCs [55]. This assembly facilitates entry of sodium into APCs through ENaC and initiates a series of reactions that generate highly reactive oxidative products called

isolevuglandins (IsoLGs), which are products of arachidonic acid metabolism [6] and react with lysine residues on endogenous proteins to form IsoLG-protein adducts that accumulate in APCs. These adducts are presented to T cells as neoantigens, triggering the synthesis of IL-6, IL-1 β , and IL-23, which stimulate the differentiation of naive T cells into pro-inflammatory T cells, particularly T helper 17 cells that produce IL-17A [56]. Consequently, IsoLG-activated immune cells infiltrate vascular adventitia and the kidneys, secreting IL-17A, IL-21, TNF- α , and IFN- γ [57]. We demonstrated that the kidney corticomedullary junction, where interstitial sodium levels can exceed 1000 mOsm, serves as a crucial site for APC activation [16[†]]. Overall, this activation cascade results in inflammation, vascular dysfunction, and eventual fibrosis and hypertension [58]. Indeed, scavenging IsoLG adducts by treatment with 2-hydroxybenzylamine attenuated these complications in murine models [58].

REGULATION OF IMMUNE CELL EPITHELIAL SODIUM CHANNEL

The basis for differences in ENaC-dependent IsoLG formation between individuals with salt-sensitive

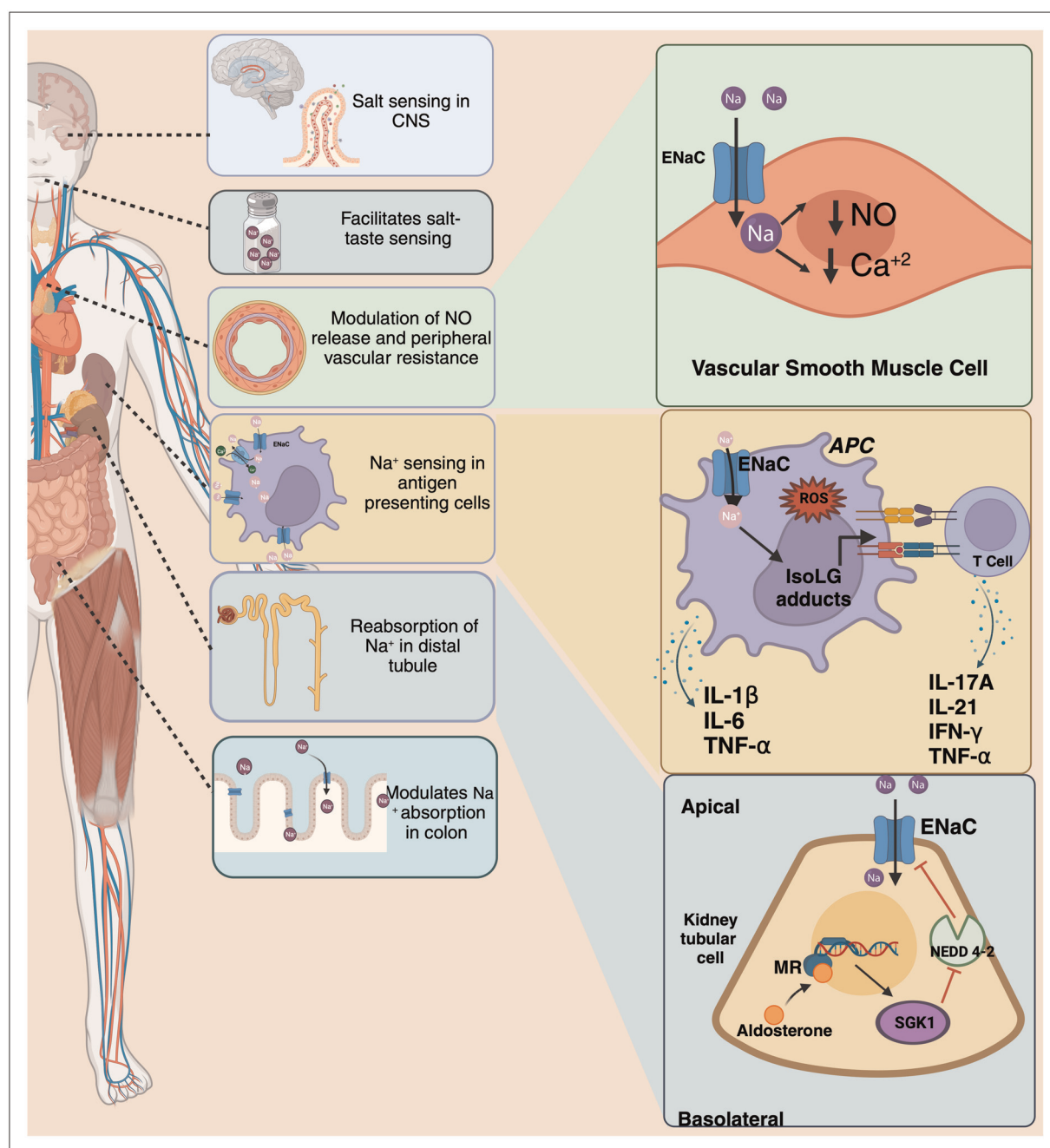


FIGURE 2. Renal and extrarenal roles of epithelial sodium channels in human tissues. APC, antigen-presenting cell; CNS, central nervous system; eNOS, endothelial nitric oxide synthase; IFN- γ , interferon-gamma; IL, interleukin; IsoLG, isolevuglandins; MR, mineralocorticoid receptor; NEDD 4-2, neural precursor cell-expressed developmentally downregulated 4 ligase; NO, nitric oxide; ROS, reactive oxygen species; SGK1, serum/glucocorticoid regulated kinase 1; TNF- α , tumour necrosis factor-alpha.

versus salt-resistant hypertension remains controversial, as the level of IsoLG production in APCs varies considerably. EETs are arachidonic acid pathway metabolites that have been postulated to regulate salt sensitivity through ENaC inhibition [36,59]. In a series of experiments, we demonstrated that EETs regulate IsoLG adduct production in APCs. Specifically, urinary

levels of EET 14,15 (one of the most common EET regioisomers) were negatively correlated with changes in IsoLGs in monocytes, and baseline IsoLG levels were directly correlated with salt-sensitivity index in patients with hypertension [45^{***}]. These data suggest that IsoLG and urinary EET 14,15 levels may be potential biomarkers for diagnosing SSBP.

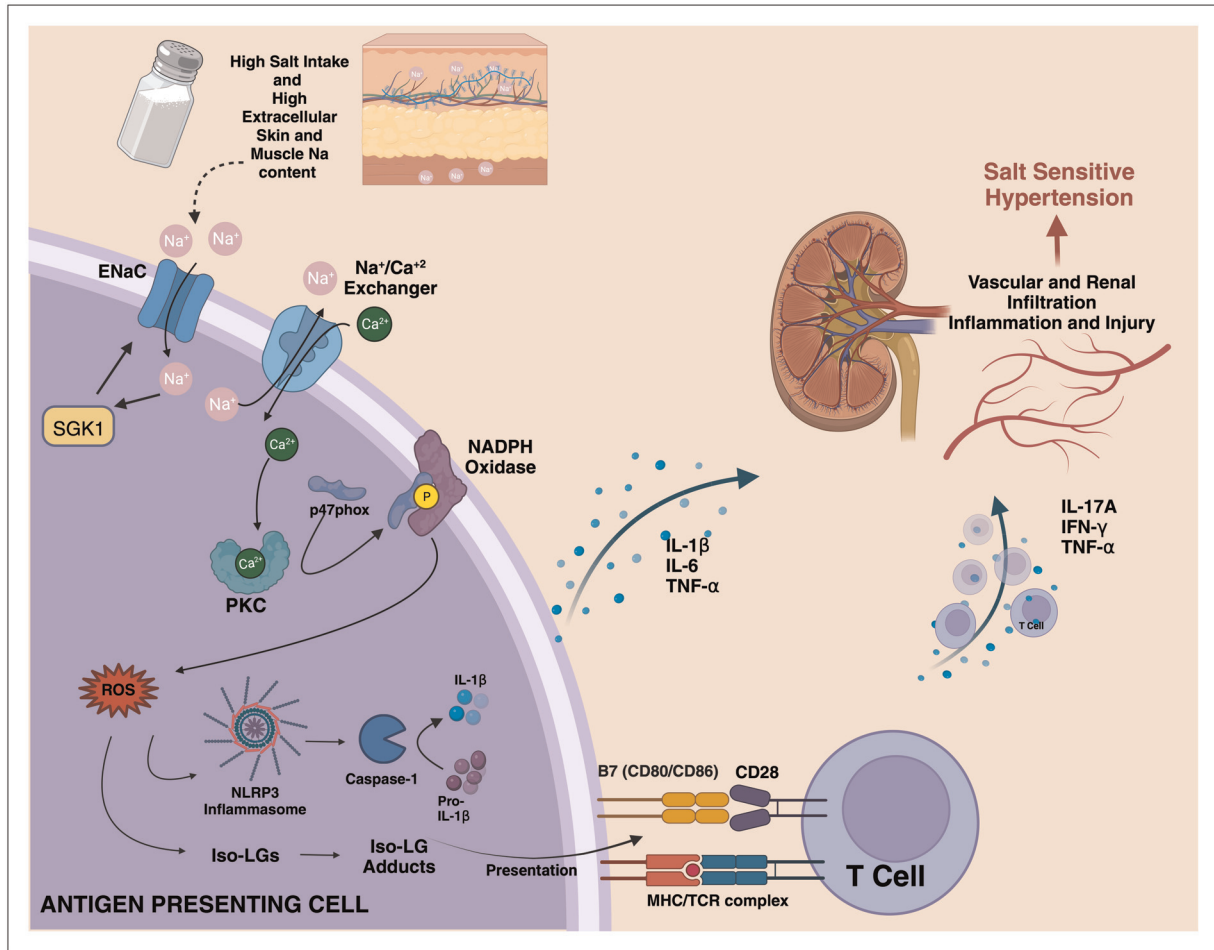


FIGURE 3. Overview of the role of the interaction between antigen-presenting cells and T cells in salt-sensitive hypertension. ENaC-dependent sodium transport in APCs triggers the $\text{Na}^+ - \text{Ca}^{2+}$ exchanger. The resulting increase in intracellular calcium activates protein kinase C (PKC), which subsequently phosphorylates p47phox and activates NADPH oxidase. This leads to the generation of reactive oxygen species (ROS) and isolevuglandins (IsoLGs). NLRP3, NOD-like receptor family pyrin domain containing 3; P, phosphate; TCR, T cell receptor; IL, interleukin; TNF- α , tumour necrosis factor-alpha; IFN- γ , interferon-gamma.

RAAS is a critical regulator of blood pressure, and various components of the RAAS signalling pathway can directly impact immune cell function [60]. We recently investigated in-vitro expression of RAAS-related genes in human monocytes from healthy individuals in response to high sodium and found that expression of these genes did not correlate with salt-induced activation of myeloid immune cells in salt-sensitive hypertension [61]. These results suggest that RAAS may not play a significant role in regulating immune cell ENaC in SSBP.

DOWNSTREAM SIGNALLING IN EPITHELIAL SODIUM CHANNEL ACTIVATED IMMUNE CELLS

Inflammasome activation is another recent discovery involved in the relationship between inflammation,

autoimmunity, and SSBP [62]. Our group recently elucidated the role of NOD-like receptor family pyrin domain containing 3 (NLRP3) in SSBP [62,63^{***}] (Fig. 3). NLRP3 inflammasome is a well characterized mediator of inflammation in several chronic inflammatory diseases, including gout, Crohn's disease [64], and rheumatoid arthritis [65]. It serves as a primary source of circulating IL-1 β , a biomarker elevated in atherosclerosis and hypertension [66]. Mice lacking inflammasome or IL-1 β components are resistant to developing atherosclerosis [67]. We further demonstrated that dietary magnesium deficiency in mouse models is associated with activation of NLRP3 inflammasome and formation of IsoLG in APCs, resulting in elevated blood pressure in the absence of any alterations in body fluid composition [68]. This finding highlights the potential roles of electrolytes other than sodium in inflammation and SSBP.

TARGETING EPITHELIAL SODIUM CHANNEL IN SPECIFIC PATIENT GROUPS

As discussed above, ENaC is an amiloride-sensitive channel expressed in various human tissues. This prompts us to ask why amiloride is not used as a therapeutic strategy for chronic inflammation resulting from ENaC-dependent immune activation. Although amiloride is effective in patients with refractory hypertension [69], its effects on the immune system remain relatively understudied. Nevertheless, a meta-analysis by John Oates and colleagues at Vanderbilt revealed that treatment with an ENaC inhibitor and thiazide diuretic reduces sudden cardiac death in elderly patients with hypertension. Despite its weak diuretic and antihypertensive effects, use of amiloride to target ENaC-dependent immune activation could be beneficial in certain patient groups.

HIV infection is a well studied immune system disorder. Vascular dysfunction and hypertension are common in people with HIV (PWH) and have been the focus of recent research [70,71]. While various factors contribute to cardiovascular disease in PWH, the relationship between HIV and salt sensitivity has emerged as an intriguing topic. Of note, almost all PWH with hypertension have salt sensitivity [46]. Although the effects of HIV on ENaC are not well understood, we recently showed that SSBP is more prominent in PWH [72], and hypothesized that ENaC contributes to vascular dysfunction in this patient population [73[■]]. Novel therapeutic targets specific for ENaC of immune cells may ameliorate vascular dysfunction in PWH.

CONCLUSION

Substantial evidence indicates that sodium can be stored nonosmotically in human tissues and trigger immune system activation. However, the exact mechanisms linking salt-sensitive hypertension and the immune system remain unclear. The landmark discoveries of ENaC in immune cells and subsequent mechanistic pathways leading to IsoLGM-mediated immune activation have opened new perspectives in our understanding of the cause of hypertension, yet many questions remain. Blood pressure management continues to be challenging, even for patients highly adherent to their antihypertensive treatments. This may be because existing treatments do not adequately target all mechanisms contributing to hypertension, such as immune activation and tissue sodium accumulation. Further research is required to explore the therapeutic potential of targeting specific inflammatory pathways in SSBP.

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Conflicts of interest

Kirabo reports US patent #14/232,615 (Methods for Treating Inflammation and Hypertension with Gamma-Ketoaldehyde Scavengers) and an advisory or leadership role for the American Heart Association, Circulation Research (associate editor 2019–present), Hypertension (editorial board member 2018–present), Inflammation and Cardiovascular Diseases (section editor), Current Hypertension Reports (2018–present), AJP-Heart and Circulatory Physiology (editorial board member 2021–present), and AJP-Heart and Circulatory Physiology (consulting editor board 2021–present). The remaining authors have nothing to disclose.

Hinton serves on the following editorial boards: Circulation Research (2022-Present), Aging Cell (2023), American Journal of Physiology- Heart and Circulatory Physiology (2023), Journal of Cell Physiology (2023), Advanced Biology (2022-Present), an Frontiers in Physiology (2023).

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This review discusses the potential role of altered ENaC activity in contributing to salt-sensitive hypertension in people with HIV.